**Communication Style Survey**

Communication Style: *Supporter/Relator*

* Harmonizer
* Values acceptance and stability in circumstances
* Slow with big decisions; dislikes change
* Builds networks of friends to help do work
* Good listener; timid about voicing contrary opinions; concerned for others' feelings
* Easy-going; likes slow, steady pace
* Friendly and sensitive; no person in unlovable
* Relationship Oriented

I think that this does suit and describe my communication style, not 100% entirely but at a fundamental core level certainly. As I tend to keep more to myself, be shy, and have sought to be self-sufficient when possible. Which might sound contrary to the extroversion you’d expect of this style. However odd, these things culminate into to the strengths of this particular style

As it makes me a great listener to others as I don’t assert my opinions. Thus, allowing conversation to be more focused on them. Which others appreciate, as it allows them to be heard, open and more expressive of themselves. Which ultimately fosters connection, empathy, and friendship. Which I can then also leverage of the self-sufficiency I’ve attained to handle most problems and help others, to then receive it in return. It approach allows me get along with most everyone, to be a friendly individual, who is likeable, easy going, and allows me to build a network of friends in most environments.